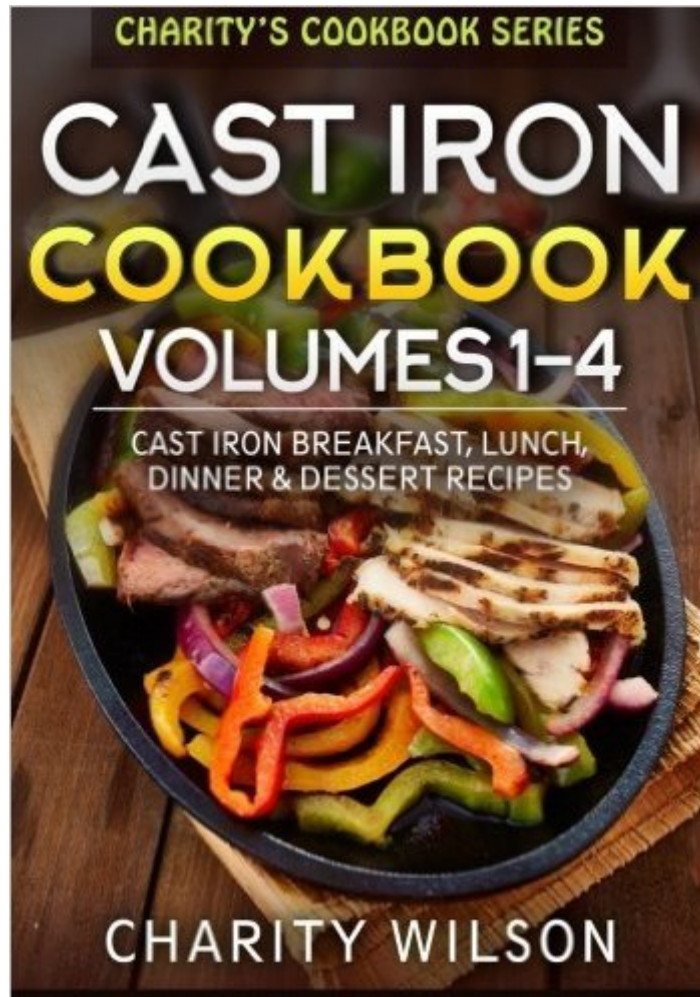


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Cast Iron Cookbook: Volumes 1-4: Cast Iron Breakfast, Lunch, Dinner & Dessert Recipes



Synopsis

Cast Iron Cookbook Collection You are about to discover over 140 cast iron recipes that will take you back to grandma's kitchen. Cast Iron Recipes Just For You Cast iron skillet cooking is making a serious comeback finally. Cast iron has always been known to have even heating, great heat retention and is so versatile you can use it on a grill, toss it in the oven or even use it over an open flame. Yet very few people were using it. Some people claim to have been handed down cast iron cookware that is 150 years old. That is amazing. Maybe a bunch of grandmas got together and decided it was time to revive cast iron cooking from the slow death it was experiencing. Who knows and really who cares, you just want to eat great tasting food. What's So Great About Cast Iron Cookware For starters, there is the nostalgic feeling you get cooking with them if your family were avid users when you were a kid or those grandparents you only saw once in a while. The flavoring is just better in cast iron as it seems to release its own unique taste. It somehow captures the aromas of many delicious meals and melds it with whatever you are cooking. Cleaning cast iron is not near as difficult as you have been led to believe. Just clean it while it is still warm instead of waiting until all the food is baked right on. You don't want to use soap on it and can just use hot water. Now if you love to cook and then soak your pans cast iron will not be your friend. You do not want to soak cast iron as it might rust and then you will really need to do some work. You do need to season your skillet after buying it which does take about an hour (instructions inside) but then you have a skillet that will last for years and years. Cooking with cast iron is more convenient than traditional pans. You can start the recipe on top of the stove and then finish it off in the oven without changing anything. Just slide the skillet in. Or put the pan right in the oven to start and when it is done serve it right from the pan. Who needs casserole dishes? You can essentially make any recipe you can imagine in a cast iron skillet. Let's Get To Cooking! You don't need a big book description, you need to start smelling that cast iron skillet cooking up a delicious meal. Scroll up and hit the buy button right away.

Book Information

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Customer Reviews

I don't get it?? It says it's a box set. Even the introduction says "here are the BOOKS you will find inside". But it's actually just one book. The recipes might be good, but I still feel cheated.

This is one book with four chapter. Not four books. Also, there are not a whole lot of recipes and no pictures for serving suggestions.

I downloaded this for free a couple of days ago, but didn't read it until today. There are LOTS of great recipes, including vegetarian ones. I liked it enough to pay \$2.99 to send it to a vegetarian friend of mine.

This set is an incredible value! Includes recipes for breakfast, lunch, dinner and dessert! The recipes are easy to read and include nutritional values, directions are very simple to follow. Perfect for cast iron lovers! Five stars.

This book is a great book for anyone wanting to invest in cast iron cook ware. I have always cooked on cast iron, and have been around cast iron cooking all my life. this book seems to reaffirm what my mother and grandmother have always said. I love the recipes because that is what i have been lacking.

Delicious cast iron recipes for every meal time. I love the simplicity, the instructions, and the guide to using your pan for the first time as well as the cleaning tips. Buttered potato bake is a favorite so far! Such a great selection of recipes for a bargain price.

Really great recipes for your cast iron skillet. Four great books that take from breakfast all the way to dessert with more recipes then you can shake a stick at. Thank you and enjoy your meal and enjoy your day.

This is a fun and informative book for any cast iron cook, novice or expert. As it happens I've been cooking with cast iron for over half-century and own literally hundreds of pounds of cast iron cookware. And I use it almost every day. Some have accused me of being afflicted with ferronic fixation disorder.

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